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OPERATION: A police officer carries out checks as part of Street Sweep.

WEAPONS SEIZED IN STREET SWEEP

A COORDINATED operation by Barking and Dagenham Police and council officers saw a series of unannounced visits on licensed premises last Wednesday, which saw counterfeit items and weapons seized.

"Street Sweep" focused mainly on Heathway and Church Elm areas and included truancy patrols, test purchases, licensing visits, late night refreshment vendors, health and hygiene, minicab companies, trade waste visits, weapon sweeps, weapons arch operations, high visibility patrols (streets, estates and parks), crime prevention road-shows, betting shop visits, scrap metal dealers, pawn shop visits and parking enforcement.

As part of the checks, test purchases were made

by under-aged buyers on alcohol, cigarettes, knives, glue, fireworks etc.

Arrest warrants were executed, and dealers who buy metal and second hand goods were checked for paperwork and record keeping compliance.

Chief Inspector Richard Goodwin said: "It is very important for the community that licensed premises are run in a responsible manner that takes into account the best interests of local people as a priority."

"Street Sweep incorporates highly visible, robust and spontaneous enforcement action across streets, parks and businesses, and demonstrates our commitment to 'Total Policing' through 'Total partnership' and the communities in Barking and

Dagenham will feel the benefit."

The results including a number of arrests, counterfeit goods, drugs and illegal cars seized and a number of weapons taken off the streets.

Councillor Jeanne Alexander, cabinet member for crime, justice and communities, said: "I am very pleased that the Council has once again successfully worked with the Police for the benefit of local people."

"This particular operation was very important because it cut across so many areas, and showed that through our strong partnership we will not tolerate crime in any form, and will protect the public from anyone operating illegally which then impacts the quality of life for our residents."

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Luke's got the X Factor

A FORMER Barking & Dagenham College student is through to the 'boot camp' stage of TV show X Factor with his band Times Red.

Luke White, from Collier Row, wowed the crowd and the judges on last week's show with a rendition of Amy Winehouse's Rehab along with band mates Scott Ritchie and Staz Hair.

The 25-year-old studied performing arts at the college and achieved a BTEC First Diploma with distinction.

He spent three years in a Take That tribute band but recently decided to start a band with his friends Scott and Staz because he wanted to make his mark in the industry.

Luke said: "College was the best time of my life. I made some great friends there and spent every day doing what I love."

"I worked hard when I was there but I played hard too!"

While on his course, Luke secured music and dance jobs but he always returned to continue his studies.

"The staff were so supportive and they really understood me. It was a wicked college," he added.



SONG: Times Red.

Pupils get stuck in with community clean up

CHILDREN at a school in Dagenham have been getting involved in a project to improve their surroundings.

The pupils of Beam Primary School took part in a community clean-up day and are also helping to turn an overgrown part of their school into a garden.

The clean-up day was held in the Rylands Estate, in Dagenham's River ward, earlier this month and was attended by local councillors, Jon Cruddas MP, the London Fire

Brigade, and Police, including the Met Police Dog Unit.

Volunteers joined council teams to carry out road sweeping and litter picking in the streets around Oval Road North.

Pupils from Beam School helped out with the clean-up, and were also given a demonstration in graffiti removal. Mark Robertson, the council's Service Manager for Direct Services, gave the children a talk about why it is important to keep the streets clean

and not to drop litter.

Meanwhile, the council's direct services team has been working with the school to transform an overgrown area of the grounds into a garden for the children and staff to enjoy. It features a pond, Anderson shelter, green houses and other features.

The council team helped by supplying staff, JCBs and vehicles to remove more than 30 tonnes of dirt and waste and to landscape the area.

Councillor Mick McCarthy, cabinet member for environment, said: "I'd like to thank everyone for turning out last Friday, especially the children of Beam Primary School. I hope their wildlife area will give them many hours of fun and enjoyment once the project is completed."

"It's important to involve school children in this kind of day so they can feel a sense of ownership for the environment around them."

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Shortlist made for London Youth Games awards

REPRESENTATIVES from 10 London boroughs have been shortlisted for prizes at this month's Balfour Beatty London Youth Games Hall of Fame and Annual Awards Evening.

The prestigious ceremony will take place at Lord's Cricket Ground on Tuesday, October 9. Recent inductees include Paralympian David Weir and cyclist Bradley Wiggins.

The awards will be hosted by three-times Olympic javelin medallist Steve Backley.

Among those nominated are Ben Maru, who won gold in the javelin at the Youth Games and has also become a school ambassador at Chingford Foundation School, in the Rick Grice Spirit of the Games Award.

He is up against Redbridge Girls Volleyball Team and CJ White and Sophie Hammond, also from Redbridge, who volunteered as coaches and team managers.

Darren Braithwaite is up for Volunteer of the Year (age 25+). The former world championship relay medallist

and team-mate of Linford Christie is now a coach in Waltham Forest, trying to direct vulnerable young people into athletics.

London Youth Games chairman Anthony Kendall said: "2012 has been a monumental year for London sport and the Balfour Beatty London Youth Games has played a major role in ensuring the high-profile success at elite level has been mirrored at grass roots development level.

"At our Hall of Fame and Annual Awards we are set to announce the highest number of participants and highest number of volunteers in our 35-year history from the 2012 London Youth Games.

"Congratulations to all the individuals and organisations who have made the 2012 London Youth Games the greatest ever, particularly to those shortlisted for awards for their unique contribution to all of our successes."

Croydon will collect the Jubilee Trophy as the overall winning borough in 2012, ahead of Wandsworth and Enfield.



NOMINATED: Ben Maru has been put forward for an award.

► speedread

Three charged over abuse claims

THREE people have been charged over the alleged abuse of elderly patients at Whipps Cross Hospital.

Sharmilla Gunda, 35, of Horns Road, Ilford; Annette Jackson, 33, of Simpson Road, Hounslow; and Akousa Sakiwaa, 37, of Orange Grove, Leytonstone, are due to appear at Thames Magistrates Court on October 31.

They are charged with one, four and seven counts respectively of ill treatment or neglect of a person without capacity. Gunda also faces one count of fraud by false representation and Sakiwaa with one charge of common assault.

Hospital unit to celebrate 25th

THE MARGARET Centre at Whipps Cross Hospital will celebrate its 25th anniversary with a special event next Wednesday.

The specialist palliative care unit is inviting friends of the centre, former and current staff, as well as patients and relatives, to the event from noon to 4pm.

It will include a buffet, information stands, displays, demonstrations, music and more.

Family fun day

THE East Ilford Betterment Partnership is holding a fun day this Saturday to celebrate the London Week of Peace.

It takes place from noon to 6pm at the car park at the Prince of Wales pub, in Green Lane, Ilford.

There will be a bouncy castle, rides, henna painting, stall, barbecue, a DJ and live performances.

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Fire chiefs play down station closure fears

FIRE officials have moved to calm fears of station closures to help ease financial pressures, but have not ruled it out happening in the future.

London Assembly Member Tom Copley (pictured) raised concerns over the matter following a question and answer session with the Fire Authority at City Hall last Wednesday.

At the meeting, London Fire Commissioner Ron Dobson explained that £14million of cuts to the service's budget had already been proposed, but an additional £21m's worth still needed to be identified.

Mr Copley said: "The Commissioner revealed that the cost of operating a fire station with one fire appliance is £1.4m per year. This means that 15 fire stations and appliances are at risk of closure this year with up to 25 next year.

"This news confirms our worst fears, in total up to 40 fire stations are at risk of closure in the next two years, along with their fire appliances. If we lose such a large chunk of our existing fire cover it will impact on public safety."

There are currently 112 fire stations in London, but the Labour member has fears for the boroughs of Havering and Redbridge in particular.

"It's unclear whether they will be affected but with so many stations at risk, I fear that we will be hit," he added.

Havering's four stations are at Harold Hill, Hornchurch,



Romford and Wennington. Crews attended 2,409 incidents in the 2011/12 year, with 1,052 of those false alarms.

There are two stations in neighbouring Barking and Dagenham – one in each of those towns – and its crews went to 2,417 incidents, of which 755 were false alarms, the lowest amount in the capital.

Redbridge saw a similar number of incidents to Havering – 2,686, of which 1,123 were false alarms – and it has three stations, at Hainault, Ilford and Woodford.

Nearby Waltham Forest also has four stations – Walthamstow, Chingford, Leyton and Leytonstone – and attended 3,136 incidents in the same period, of which 1,477 were false alarms.

"We understand that savings have to be made, but the level of cuts forced on the London Fire Brigade by government are

truly reckless," Mr Copley added. "They are cutting too far, too fast. They are hitting front-line services and putting public safety at risk."

However, the brigade says that although it is facing dramatic cuts, it is too soon to start speculating which, if any, stations are closed, but added that the work of the brigade had changed dramatically in recent years.

A spokesman for the service said: "It's no secret that the London Fire Brigade is going to have to make very significant savings over the next two years. There is no list of fire stations facing closure or the withdrawal of a fire engine.

"Fire authority members from all parties have been involved in discussions looking at how the [Fire] Authority can best achieve the balance of providing the service the public need with less money available.

"No decisions have yet been taken and before they are, there will be a public consultation, so people can have their say."

Formal proposals are expected to be put forward at the November meeting of the Fire Authority.

A spokesman for the Fire Brigades' Union said its members await the proposals with interest and would withhold consent until then.

However, he stressed that the union would fight any proposals that it deemed would threaten public safety.

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Thieves return stolen pet dog back to family

THIEVES who stole a family's beloved dog returned the pet a week later.

Nine-week-old Dogue Du Bordeaux puppy Ralph was stolen from his home in Harrison Road, Dagenham, last Wednesday.

The theft was reported to police and the family began to put up posters in a bid to try and trace Ralph.

The family also had to deal with the knowledge their home had been broken into by the thieves to steal the dog.

However, the family were woken at around 4am one day earlier this week by the sound of barking. They went outside to find Ralph tied to a gate post by a length of rope.

He had lost some weight and was crying and shaking but generally in good health.

Ralph is now safe and well and recovering from his ordeal with his family.

Police would like to hear from anyone who has been offered a dog for sale or who knows the identity of these thieves. If you have information please dial 101 quoting reference number 5115807/12 or call Crimestoppers anonymously on 0800 555 111.

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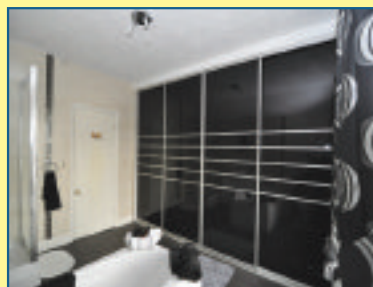
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Shop relaunch is a memorable moment for manager Lindsey

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OPENING DAY: Crowds pour in to the newly re-opened Saint Francis Hospice shop on the High Street, Barkingside.

THE REOPENING of Saint Francis Hospice's Barkingside charity shop was a memorable moment for manager Lindsey Parrish last Thursday.

She was joined for the big re-launch by two of her volunteer staff – 81-year-old May Gardener, from Hainault, and Ann Williams, who has been working at

the shop since it originally opened in 1998.

Lindsey, from Collier Row, knows first-hand the good use that the money raised in the shops is put to as a number of her father's work colleagues have suffered from mesothelioma, a disease caused by exposure to asbestos dust.

Patients suffering from mesothelioma are treated by Saint Francis Hospice nurses in the local community and in the inpatient and day patient units at the hospice in Havering-atte-Bower.

May sorts out the generous donations to the shop and pricing goods and has worked at the shop for more than a year.

She said: "I do like helping as my husband Mick was really cared for well at Saint Francis Hospice."

The newly refurbished Saint Francis Hospice shop at 127/129 High Street, Barkingside is open Monday to Saturday from 9am to 5pm and donations of all sorts of clothes, furniture, DVDs, good quality toys and bric-a-brac are always welcomed.

Yesterday (Wednesday) the charity opened two new shops on the first floor of the Romford Shopping Hall, in the Market Place, Romford. One of these stores is an eBay station, which will see the charity sell your unwanted items on the auction site in return for a small fee.

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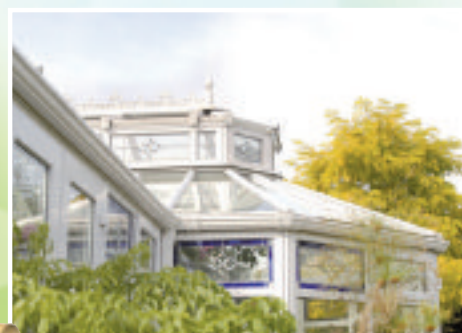
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Trader avoids jail over fake items

A SPORTS store owner narrowly avoided going to jail for selling hundreds of counterfeit items from her shop in Lea Bridge Road.

Jaygun Alnasir, 36, of Belmont Road, Leyton, had pleaded guilty to six counts of unauthorised use of trademarks. She was told the case could carry a custodial sentence of up to 10 years.

However the judge accepted that as she is a mother of four children, the youngest being just three years old, he would not take her away from her family. Instead she was given 120 hours of community service and a bill for costs of £5,358.

The prosecution, brought by Waltham Forest Council, came in the wake of a raid carried out by Trading Standards officers in February this year.

Hundreds of counterfeit items worth thousands

of pounds were seized at Jaan Sports, including Nike, New Era, Ecko, Dolce & Gabbana, Levis and Manchester United.

More than 700 fake items were seized that included sports clothing, caps, belts and jeans.

During the hearing at Snaresbrook Crown Court at the end of August, the judge was scathing in his summary, pointing out that it was a business where hundreds of fake goods were found.

Councillor Clyde Loakes, cabinet member for environment, said: "It's the ordinary man or woman in the street who walks into shops like this and spends their hard earned money on something they believe to be genuine who is really getting ripped off."

"The corporations are of course entitled to protection from misuse of their trademarks, but actually what shop owners such as this are praying on is the general public who won't be able to write off the problem on a balance sheet."

"They're stuck with poor quality fakes that leave them feeling cheated and here in Waltham Forest we won't tolerate traders treating our residents in that way."

"We will raid your shops, we will seize your goods and we will bring the full force of the law to bear down upon you. I think this shopkeeper should feel lucky she isn't behind bars - I would suggest anyone else engaging in similar activity take this as a warning and assume they will not be so fortunate."

Great music ahead as Stow Festival gets going

THE four-day Stow Festival gets underway today (Thursday) with performances from more than 50 bands and artists at 17 venues around Walthamstow.

At the Rose & Crown, British indie folk legends Moses will be reuniting for a special show to celebrate the 10th anniversary of their BBC 6 Music Album of the Year 'The Swimming Zoo'.

The November Five are a fearsome live band, who will be tearing it up on the Saturday night, ably supported by The Priscillas and 1914s.

Down at the Hornbeam Cafe, Russell Swallow & The Wolf will be performing material from their new album on Friday, while on Saturday, Maggie Ronson (sister of guitar legend Mick Ronson) will be curating a unique evening of music.

Elsewhere, Steve White & The Protest Family will be punking it up with Belter at the Waltham Forest Social Club on Friday night, the fabulous Emma Scarr will be appearing at the Walthamstow Farmers Market on Sunday morning, and The Cry Baby perform some dark atmospheric indie at the Rose & Crown on Saturday afternoon. The festival has added a number of club nights this year.

Arubar hosts a dance/electro night on Friday, with Northern Soul on Saturday, the Nag's Head have got a silent disco, and the Victoria are hosting both a Cabaret night and a karaoke night.

There will also be a screening of Marley (Kevin Macdonald's 2012 Bob Marley biopic), the 'A Musical Tour of Walthamstow' walking tour, Original Army at the Wood Street Indoor Market, and a family afternoon of children's music at The Mill. The Queen's Arms, the Duke's Head, Le Delice and The Coppermill are also hosting performances across the weekend.

The whole thing is brought to a close on Sunday night with Songs of Praise at St Mary's Church, a special 'all ages' show with Walthamstow's best young DJs at Casanova, and Cockney songs from Cosmothea at the Rose & Crown.

This year, 16 of the gigs are free, nine are £5 or less, with the remaining five being priced at around £10.

The full line-up and schedule can be found at www.stowfestival.com



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Pitch in and help

GOLFERS can enjoy a round of golf while helping raise vital funds for patient care provided by Saint Francis Hospice.

The Autumn Saint Francis Hospice Golf Day takes place at Abridge Golf and Country Club, in Stapleford Tawney, on October 8 and you could be on the fairway.

Hospice supporter and Brentwood-based businessman Barry Hearn, who owns sports promotion company Matchroom Sport, is sponsoring the golf day for the seventh year.

Teams of four can tee off and join Barry at the event and will enjoy a breakfast roll on arrival, 18-hole round of golf, tea and cake on completion and a presentation dinner.

Barry, whose mother-in-law Joan Clark benefited from Saint Francis Hospice care, said: "The golf day

offers a great combination of entertainment while raising money for a cause vital to the community in which you live or work.

"I know firsthand and through reading the strain life-limiting illness can have on the patient and their family, but a charity like Saint Francis Hospice provides specialist care at a time when it is most needed."

Places at the golf day are £90 per person and guests can attend the evening meal for £25.

You or your business could also sponsor a hole at £100 for one or £160 for two.

To book a place at the golf day or sponsor a hole e-mail fundraising@sfn.org.uk or call 01708 771405 and to find out more about the charity please visit www.sfn.org.uk



FORE: Leyton Orient chairman and sports promoter, Barry Hearn gets ready for the golf day.

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Doors open for comedy

A COMEDY about two doormen with 'small man syndrome' is coming to Barking's Broadway Theatre next week.

The show, by Andy McHugh, runs from September 24 to 29 and tickets are just £10. It includes a cast including Ciaran Griffiths (Mickey Maguire in Shameless),

Kirsty-Leigh Porter (Roz Fielding in Emmerdale), Danny Tennant (Natty in Hollyoaks) and Gary Damer (Hotel Trubble).

The show contains strong language and so is for 18s and over only and show times are at 9pm each night. For more details visit www.thebroadwaybarking.com

Hospital radio's fundraising walk

MEMBERS of Goodmayes Hospital Radio carried out their annual sponsored walk on Sunday.

The Mayor and Mayoress of Redbridge were the guests of honour and those taking part completed the five-mile course in less than 75 minutes.

Donations can still be made by visiting www.TheJumboSound.com and following the link.

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casts via internet link, which means it can be heard by anyone anywhere with an internet connection.

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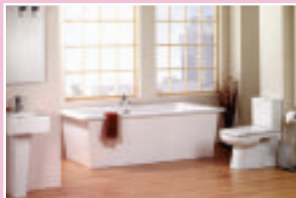
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Students to learn from TV dragons

STUDENTS from Barking & Dagenham College are heading to an entrepreneurial festival this week to get some tips from some of the giants of UK business.

The three-day festival in Sheffield includes seminars, debates and workshops involving some well-known entrepreneurs, including Doug Richard and Peter Jones from TV's Dragons' Den.

Cathy Walsh from the college is one of 19 principals working to transform the further education sector through entrepreneurship.

The 'Gazelle' group of colleges believes that entrepreneurs have a vital contribution to make in colleges by providing practical 'learning by doing' opportunities to help inspire students to make jobs, not take jobs.

One of the Barking & Dagenham students attending is interactive media student Philip Newberry, who is chairman of the college's enterprise club - Money Tree Entrepreneurs - which helps students to make plans for their own start-up businesses.

Philip, who featured on the college's own set of Top Trumps, said: "I am really looking forward to the festival; it will be great to learn from those who have already succeeded in business."

"I will make sure that I present the knowledge that I learn back to my peers at the club, so that it can be used within our own business start-ups."

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PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at www.yellowad.co.uk

Saturday, September 22

■ Photographic Competition and Exhibition, Salvation Army Hall, Ripple Road, Barking, 2pm-6pm, Salvation Army's fourth annual competition, admission free, details Nigel Schuit 07825 952850.

■ Walk, The Ramblers West Essex Group, The Hertfordshire Chain Walk, meet in car park at Whitewebbs House, off Whitewebbs Lane, Enfield, 10.30am, 8 miles, lunch stop, details Chris Rogers 020 8505 3501.

■ Art Trail Wanstead Art and Craft Fair, The Churchill Room, Wanstead Library, corner of Woodbine Place and Spratt Hall Road, 11am-4pm, refreshments available, free entry.

■ Tennis - Small friendly Tennis Club in Ilford, we play throughout the year, (Sat afternoons, Sun mornings and three weekday afternoons), low fees, over 50s welcome, details Tom 020 8593 4365 or John 020 8592 1609.

■ Garden Organically - Come and join our small friendly cooperative at Gale Street Organic Growers, Saturdays and Wednesdays, not just an allotment but a community garden, details 07815 500190.

■ Free Classes For All - Ghazi Education Society, English and Urdu (no age limit), Fine Art Classes (for members only), Special Classes for KS1, 2, 3 and year 10 (Maths, English and Science), limited seats, join today, classes held in Ilford and Seven Kings, details Naz 020 8598 8143 (7-9pm).

Saturday, September 22

■ Walk, The Ramblers West Essex Group, meet Chingford Station, 10.30am, 8 miles, stop at Butler's Pantry for refreshments, details Christina Spencer 020 8505 0999.

■ Walk, Epping Forest HF Group, meet Theodan Bois Station, walk through Epping Forest and Upshire, 10.30am, 7 miles, details 020 8504 1329.

■ Walk, Ilford & District CHA Rambling Club, Open House Weekend, from Stratford Station, meet Jubilee Line 9.45am, 5 miles,

travel passes required, 020 8926 4593.

■ Strides Badminton Club - Wanstead Leisure Centre, Redbridge Lane West, Sundays 3.30pm, new members welcome, aged 18 years and over, all levels, beginners, average and advanced players, details Mark 020 8598 8435 (before 9.30pm).

■ Goresbrook Squash Club - We run Essex Squash Men's and Ladies teams every Sunday 6.20-9pm, £3. 07814 902002.

■ Learn to Dance Modern Jive - Hainault Forest Community Centre, every Sunday 7-10.30pm. 07768 005858.

■ Sunday Service - Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.

■ Sunday Services, Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.

■ Sunday Services - Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am-noon. 01279 4159441.

Monday, September 24

■ Friendship Club - Plume of Feathers Pub, Church Hill, Loughton, for singles 50 plus, Mondays 7.30pm, 07986 472527.

■ Arts and Crafts - Unity Hall, Bramley Close, (off Oakfield Road), Walthamstow, friendly group for adults, every Monday afternoon. 020 8527 1454.

■ Short Mat Bowls - Warren Heath Short Mat Bowls Club, Warren Junior School, Gordon Road, Chadwell Heath, Mondays and Fridays 7pm, further details Tony or Heather 01708 340874.

■ Music Circle - Music Listening Appreciation Group, Rectory Library, Rectory Road, Dagenham, every Monday 7pm (except Bank Holidays), admission free. 020 8592 8821.

■ Rehearsals - Redbridge Ladies Choir, Canon Palmer School, Seven Kings, Mondays 7.45-9.15pm. 01708 780964 or 020 8550 8677.

■ Rehearsal - The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite the Underground Station), every Monday, 7.15pm, new members welcome. 020 8505 4329.

■ Forest Highlanders - The Forest Highlanders Pipes and Drums, St Cedds Church, Seven Kings, every Monday 8pm.

■ Chingford and Walthamstow Chess Club - Priory Court Community Centre, every Monday 7.30pm, Tony 020 8524 0827.

what's on

Tuesday, September 25

■ Meeting, Townswoman's Guild (Parkside), Parkside Community Hall, junction of Longbridge Road and Goodmayes Lane, Goodmayes, Ilford, 10am-12.30pm, meet on fourth Tuesday of each month.

■ Club - Barking and Dagenham Plus, The White Horse Inn, 118 High Road, Chadwell Heath, meet new friends and get involved in the local community, for everyone aged 18-35, every Tuesday 9pm, free trial membership, Joe 07958 669339.

■ Coffee Shop - Eastern Avenue Baptist Church, East Road, Chadwell Heath, every Tuesday 10am, games, videos, friendship, all welcome. 020 8599 1479.

■ Stroke Club - Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, every Tuesday 1.30-4pm. 020 8595 3973.

■ Senior Citizens Club - United Reformed Hall, Upney Lane, Tuesdays 1.30-4pm, fun, games, bingo, quizzes, buffets etc. disabled facilities. 020 8594 5249.

■ Duplicate Bridge - Parkside Community Centre, (corner of Goodmayes Lane and Longbridge Road) Barking, Tuesdays 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.

Wednesday, September 26

■ Celebrating Silver, The Margaret Centre, Specialist Palliative Care United, Whipp's Cross Hospital, 12pm-4pm, silver jubilee event to mark 25 years, performances, refreshments, memorabilia and more, everyone welcome.

■ Wings for Women Support Group - For women who have experienced Domestic Violence or Abuse, Wednesdays 6.30-8.30pm, details 0208 556 7111 or 020 8923 7498.

■ Meeting - Talking Hands, a friendly Club for the Deaf and Hard of Hearing, Wednesdays 10.45am-2.45pm, York Room, Ilford Library.

■ Table Tennis, Forest Community, Guildford Road, Walthamstow, every Wednesday 8pm, new members welcome, details Ray Massey 020 8524 4289.

■ Meeting - Friends Club, St Cedds Church Hall, Blythwood Road, Seven Kings (opposite Homebase), Wednesdays 1-4pm, short mat bowls and snooker, 50p per session.

■ Live Blues Jam - Coach and Horses, 391 High Road, Leyton, featuring guests,

regulars and house band musicians, entrance £2 listeners, £1 musicians, all welcome singers and drummers especially, every Wednesday, 8.30-11.30pm. 020 8502 0351.

■ Ilford No. 1 Senior Citizens Club - Royal British Legion, Durban Road, Seven Kings, Ilford, every Wednesday 12.30-3pm, call Eddie 020 8551 5079.

Thursday, September 27

■ Meeting, Forest 50+ Leisure Group, Methodist Church Hall, Hermon Hill, Wanstead, 2pm, meet on last Thursday of every month, £1.50, details Mary 01268 562549 or Helen 020 530 5504.

■ Friendship Club, The Beacon Tree Pub, Green Lane, Dagenham, for single over 45s, every Thursday 8.30pm, further details Marie 07939 989075/07977 747509.

■ Cheeky Monkeys Playgroup - St John's Church Hall, Leytonstone, every Thursday 10am-noon, toys, crafts, singing. 07740 586926.

■ Meeting - Wanstead Rotary Club, County Hall, South Woodford, every Thursday 1-2.15pm, call David 020 8989 2701.

■ Meeting - Barking and Dagenham Friendship Club, Methodist Church, London Road, Barking, Thursdays 2-4pm, £1.50 a session, mainly for people who have had a sad loss to make new friends. 020 8594 6409.

Friday, September 28

■ Mummy Boot Camp - Wanstead Youth Centre, exercise with your baby, Fridays 11am, to book call 07719 626642.

■ Friendly Club - Pensioners Club at United Services Club, Blake Avenue, Barking, Fridays 12.30pm-3pm, all pensioners welcome. 020 8517 6256.

■ Meeting - Redbridge 18 Plus, York Room, Ilford Central Library, Clements Road, Ilford, Fridays for 18 to 36 year olds, sports and social club.

■ Pipes and Drums - Waltham Forest Pipe Band, Royal British Legion, 31 Dunton Road, Leyton, pipers, drummers and learners welcome, Fridays 8pm. 020 8520 1727.

■ Yoga - Faircross Community Centre, Hurstbourne Gardens, Barking, 2-3.30pm, details Jean 07946 215996/020 8591 5830.

■ Breathing for Health - Faircross Community Centre, Hurstbourne Gardens, Barking, 4-5pm, details Jean 07946 215996/020 8591 5830.

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YellowAdvertiser

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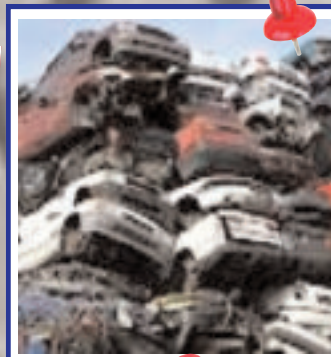
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Yellow Advertiser, London & Essex Newspapers advises readers that the content of the advertisements in this section relate to products and services of an adult nature. We accept these for publication in accordance with guidelines issued by the Newspaper Society and the Advertising Standards Authority, together with our own policies and procedures. If you have any concerns or comments about the nature of the material in this section, or complaints about specific advertisements, please contact:
Scott Wood on 01268 503400 or write to Yellow Advertiser, Acorn House, Great Oaks, Basildon SS14 1AH

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per min
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MEN: **0871 908 9969**
GAY: **0871 908 8575**

GAY CHAT 10p
per min
0871 908 9813

18+ Helpdesk 0844 944 0844. Live calls recorded. 0871 = 10p per min. Network extras apply. SP: 4D.

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36p PER MINUTE
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LIE BACK & PLAY
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Adult Chat Line

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per min
0982 505 1774

36p PER MINUTE
SEX 36p
YOU'LL LOVE IT CALL NOW XXX
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per min
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EXTREME QUICKIE SEX 36p
per min
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36p PER MINUTE
SEX 36p
GET OFF ON YOUR PHONE
0909 864 0213

36p PER MINUTE
SEX 36p
LIE BACK & PLAY
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36p PER MINUTE
PHONE SEX
LIE BACK & PLAY
0909 864 1381

ADULT INTERESTS

Calls cost £1.53 per/min at all times. TEXT 87070 cost £1.50 per message.
Mobile call charges may vary!
JMedia UK, London SW4 7BX.
wc **270812**

Simply dial the number below the advert!

JENNY very feminine attractive mature classy female with beautiful blue eyes, looking for male to enjoy plenty of laughs and get to know. Tel No: **0906 500 6358** Box No: **386303**

ZOE 31yr old independent petite redhead, very pretty, good figure, confident, seeking male for tic without complications. ACA. Tel No: **0906 500 6358** Box No: **388957**

TASHA single working mum seeks light hearted man, 35-45 who also likes to enjoy life to the full for passion, romance and tic. Tel No: **0906 500 6358** Box No: **387047**

SUSAN gorgeous 29yr old lonely Scottish lass new to area and at loose end, seeking reliable caring male up to 40yrs for friendship/more. Tel No: **0906 500 6358** Box No: **393465**

DEBBIE attractive petite brunette with big blue eyes looking for good company from romantic educated male. Status/age unimportant. Tel No: **0906 500 6358** Box No: **393511**

ALISHA blue eyed petite brunette, likes to keep fit, cooking, holidays, seeks male 30-45 for special times. Tel No: **0906 500 6358** Box No: **392399**

MICHELE very attractive black single mum, 32yrs, someone you could take home to your mother, seeking a one in a million guy. Tel No: **0906 500 6358** Box No: **391879**

CLAIRE Gorgeous fun loving brunette, 29, 5ft 4ins, employed, OHAC, looking for manly male up to 45yrs for no strings good times and fine wine. Tel No: **0906 500 6358** Box No: **373107**

CARLY beautiful slim brunette looking for naughty mature male 50-70yrs for adult fun. No Strings. Tel No: **0906 500 6358** Box No: **376569**

SUZANNE gorgeous confident blue eyed babe, 29yrs, many interests, OHAC, seeks reliable, male, any status for affectionate friendship up to 40yrs. Tel No: **0906 500 6358** Box No: **376567**

BARBRA stylish feminine professional, many interests, social, good natured, looking for trustworthy male for good company and romance. Tel No: **0906 500 6358** Box No: **375151**

CAROL 39yrs attractive slim brunette just looking for genuine caring man for romance, meals in and maybe more. Any age. Tel No: **0906 500 6358** Box No: **375575**

SARAH nice looking blue eyed slim brunette, WLTm similar lonely male for fun times hopefully leading to ltr. Tel No: **0906 500 6358** Box No: **394575**

MADDIE extremely passionate female 37, seeks reliable male to enjoy the finer things in life and tactile relationship. Tel No: **0906 500 6358** Box No: **394565**

JESSIE good looking confident female with great figure WLTm similar sporty male to become the other half of a beautiful couple. Tel No: **0906 500 6358** Box No: **394573**

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